



Headteacher
Mr. Dale Bateman

Coopersale and Theydon Garnon C. of E. V.C Primary School

Brickfield Road,
Coopersale,
Epping,
CM16 7QX

Tel: 01992574890

Email: office@coopersaletheydongarnon.essex.sch.uk
Website: www.coopersaletheydongarnon.essex.sch.uk

Friday 13th October 2023

Dear Year 5 Parents and Carers,

Relationship and Health Education (RHE) Curriculum became compulsory for schools to teach from September 2020. With this change, parents **are not able** to withdraw their children from any aspect of Relationships Education or Health Education (which includes learning about the changing adolescent body and puberty).

Across the week commencing 27th November, Year 5 children will take part in two RHE sessions, that cover the statutory Science and Health education topics of:

- Puberty - changes in both girls and boys
- Menstruation
- Wet dreams

To assist you in follow up conversations with your child, we would like to invite you to our parent information session, held in the school Hall on, **Friday 3rd November at 9.00am to 9.45am**. During this presentation, we will explain the sessions covered across the week, and share with you all resources being used.

To confirm, the lessons **will not** cover any non-statutory topics, such as Sex Education.

Kind regards,

Mr Dale Bateman
Headteacher