



UNITED KARATE ASSOCIATION SINCE 1981

LEARN

KARATE

WITH INSTRUCTOR

8TH DAN

IAN CUTHBERT

WORLD CLASS TUITION

MON - 4:00pm - CHILDRENS BEGINNERS

📍 INSTITUTE HALL, INSTITUTE ROAD, COOPERSALE, CM16 7QY

WED - 4:30pm - CHILDRENS BEGINNERS

📍 QUEENS HALL, SCHOOL GREEN LANE, NORTH WEALD CM16 6EY

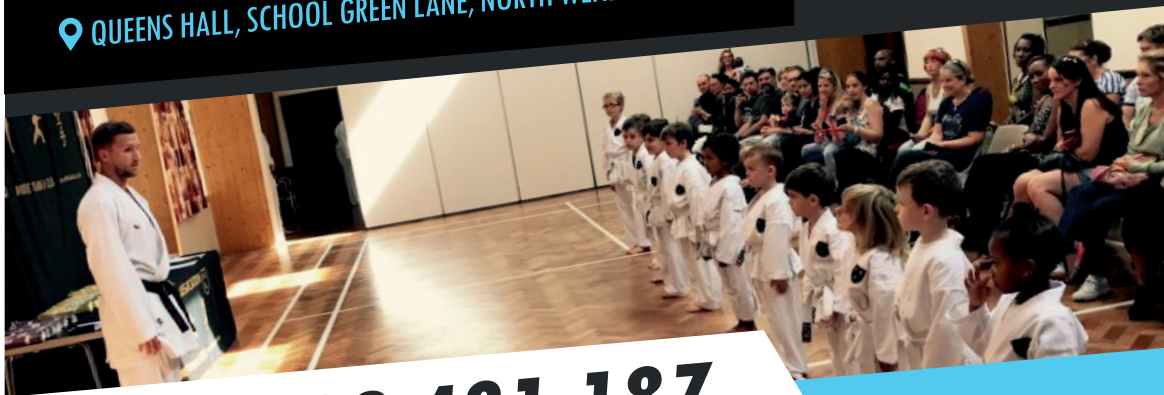
MON - 7:30pm - ADULT BEGINNERS **SAT - 11:00am - TAI CHI**

📍 QUEENS HALL, SCHOOL GREEN LANE, NORTH WEALD CM16 6EY

CHILDREN'S BEGINNERS
5 YEARS+

GAIN CONFIDENCE,
LEARN NEW SKILLS

FAMILY RUN SINCE
1981



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ALL INSTRUCTORS PROFESSIONALLY TRAINED, INSURED AND DBS CHECKED