



UNITED KARATE ASSOCIATION SINCE 1981

LEARN

KARATE

WITH INSTRUCTOR

7TH DAN
IAN CUTHBERT

WORLD CLASS TUITION

MON - 4:00pm - CHILDRENS BEGINNERS
📍 INSTITUTE HALL, INSTITUTE ROAD, COOPERSALE, CM16 7QY

WED - 4:30pm - CHILDRENS BEGINNERS
📍 QUEENS HALL, SCHOOL GREEN LANE, NORTH WEALD CM16 6EY

MON - 7:30pm - ADULT BEGINNERS
SAT - 11:00am - TAI CHI
📍 QUEENS HALL, SCHOOL GREEN LANE, NORTH WEALD CM16 6EY



CHILDREN'S BEGINNERS - 5 YEARS+

GAIN CONFIDENCE, LEARN NEW SKILLS

FAMILY RUN SINCE 1981

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WWW.OFFICIALUKA.CO.UK

☎ **07802 481 187**

ALL INSTRUCTORS PROFESSIONALLY TRAINED, INSURED AND DBS CHECKED