## Coopersale and Theydon Garnon C. of E. V.C Primary School



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Monday 25<sup>th</sup> April 2022

Dear Year 5 Parents and Carers,

Relationship and Health Education (RHE) Curriculum became compulsory for schools to teach from September 2020. With this change, parents <u>are not able</u> to withdraw their children from any aspect of Relationships Education or Health Education (which includes learning about the changing adolescent body and puberty).

Across the week commencing 23<sup>rd</sup> May, Year 5 children will take part in two RHE sessions, that cover the statutory Science and Health education topics of:

- Puberty changes in both girls and boys
- Menstruation
- Wet dreams

To assist you in follow up conversations with your child, we would like to invite you to our parent information session, held in the School Hall on, Tuesday 17<sup>th</sup> May at 9.00am to 9.30am. During this presentation, we will explain the sessions covered across the week, and share with you all resources being used.

To confirm, the lessons will not cover any non-statutory topics, such as Sex Education.

Kind regards,

Mr Dale Bateman Headteacher