

Coopersale & Theydon Garnon C.E Primary School



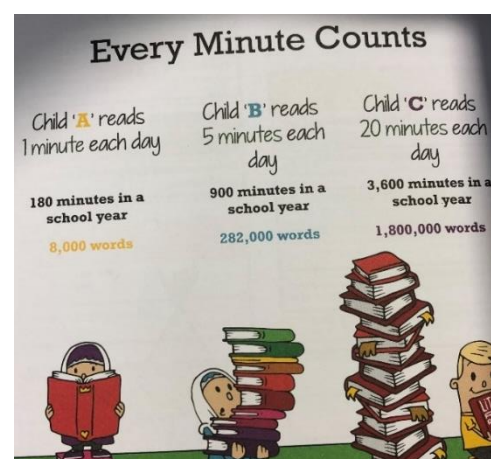
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Newsletter – October 2022

Essex Year of Reading

As you all know, we love reading here at Coopersale and we are excited to be planning lots of exciting reading events across the course of this year to celebrate the Year of Reading (county-wide campaign).

New books and reading records: You may have seen the children have started coming home with lovely new books! Please support us in helping to keep these books in a good condition. We can only continue to give children access to high-quality, and well-conditioned texts if we all work together to look after them. Please make sure your child is reading a minimum of 4 times a week. Every time they read; the reading record should be filled in - once a week minimum being from an adult. These are checked weekly in school.



School Book Fair: To help promote our love of reading, **we will be hosting a book fair between 3rd-9th November**. We will have lots of books available for purchase at reasonable prices. For every £1 spent, 30p is donated to the school to spend on books too!

Please add the date to your diary and be sure to pop in to browse and purchase some great children's books. With Christmas not far away, these could also make some lovely Christmas gifts!

School uniform

Please make sure to **put your child's name in all their school uniform**, this makes it so much easier to return things to the right people when they are misplaced. With the weather also becoming colder, please make sure your child comes to school with the appropriate clothing to keep them warm at playtimes.



Parent Phonics Session

It was a wonderful parent turnout on Thursday 13th October. A reminder that the presentation slides can be found on our website (see Phonics webpage).

Reception Parent and Child Road Safety Presentation



This month the reception pupils and their parents/carers had a visit from the Safer Essex Road Partnership (6th October 2022). The pupils were reminded why it is important to always stay with their adults and always hold their hand when walking outside. Parents had the opportunity to look at ways of teaching their child Road Safety from a young age.

We encourage you to reinforce this learning with your child following Stop, Look, Listen and Think. For more information and additional free resources visit <https://saferessexroads.org/> and <https://www.think.gov.uk/>.

Reception, Year 1 and 2



Cherry Class celebrated our 'Turrets and Tiaras' learning journey and enjoyed having a dragon themed cinema afternoon. We created and designed our own crowns for our party and enjoyed watching and learning all about castles and dragons. Cherry class have also had a mystery dragon visitor and are enjoying being dragon detectives to find out all about it!

Year 1 and Year 2 have enjoyed their learning journey. They have been preparing for their Royal Banquet by researching the food that may have been eaten, the clothes that may have been worn and the events that may have taken place. They will enjoy their homemade biscuits at their Royal Banquet today.



Year 2 Multi-Skills Festival at Epping St John's

On Tuesday 18th October Year 2 had a great time taking part in a range of sporting activities at Epping St John's school. They showed great teamwork and sportsmanship by encouraging their friends to keep going and try their hardest. Well done Year 2!



Year 3 and 4



As part of our Roman's topic, we went on an exciting trip to Colchester Castle. We got to find out about Roman life in Colchester and explore the foundations of the Roman temple that the castle is built on. Children got to go down into the vault and even try on the Roman helmets as shown in the photo. Overall, a great day was had and lots of learning took place.



Quote from William and Lexa in Ash class: We enjoyed looking at real Roman artefacts on our trip. We saw inside a Celtic round house which taught us a lot. Then we built our own round house from big wooden poles and strips of wood.



In science we have been investigating changing materials. We learnt that the Romans had wax tablets to write on. We investigated and explored which food substance would be a good substitute for the wax. We tested: jelly, bread, chocolate and ice-cream.



Quote from Oliver in Beech class: When investigating which edible materials would make a good Roman tablet, I found out that jelly was very sticky (as the spoon stuck to it), and when it dried it went hard.

Year 5 and 6 – Egyptian workshop

Year 5 and 6 were visited by Epping Forest Museum who brought with them various Ancient Egyptian artefacts. Some of the artefacts were inside a mini pyramid and they had to read about the artefacts to work out who was buried in the pyramid. They are looking forward to visiting the museum in December to explore the museum's exhibition on mummified animals.



Mind in West Essex – Year 6 Brain buddies

Year 6 have been taking part in weekly sessions called 'Brain Buddies'. They have been learning about the different parts of their brains and how they control their actions and reactions to emotions and events. They have been exploring different strategies to put in their 'calm kit' to bring them back to the 'green zone'. This is the part of Zones of Regulation where we are calm, content, and ready to learn or deal rationally with the situation. Years 4 and 5 will begin Brain Buddies in November.



Written by Remy-Li in Hornbeam. Brain buddies has helped me with techniques to calm myself down when I am not in the green zone. One technique I like is counting to ten whilst breathing gently.



Dementia Fair

A huge well done to Presley, Remy-Li and Elsie from Year 6, who presented at the Epping Forest Dementia fair on 1st October. They spoke about the intergenerational work that our school is doing to promote awareness. We are very proud of them, and they represented the school with pride. Thanks also goes to Miss Usher, for her continual work in raising dementia awareness across Epping Forest.

World Mental Health Day (Monday 10th October)



To celebrate World Mental Health Day, children were given the chance to sign up for two different activities that they wanted to do in the afternoon to support their mental health. These activities included: sports, painting, walking, yoga, singing and reading. Everybody had a fantastic afternoon, and it was a great way for children to take part in activities with children from different classes and help build up our friendship network across the school.

Quote from Sadie in Beech Class:

It was fun doing activities with everyone on Mental Health Day. One of my activities was colouring, this was fun and it helped me to relax by giving me a calm task to do.

Quote from Christine in Ash Class: I liked taking part in team sports because we got to work together which was fun. Friends could help each other in the games which was nice.



Harvest festival: Thank you to everybody that donated items for the food bank as part of



Harvest. We had a lovely collective worship reminding us about where our food comes from and how we should be thankful for all that we have. The foodbank are very appreciative for all of the essential food donations you provided. In total we donated 56kg.



Jeans for Genes Day

We were so proud of our children for taking part in our Jeans for Genes Day learning and bringing in a total of £153.10 of donations to support the charity, Generic Disorders UK. Thank you to all our families who contributed.

MUGA



Our Multi-Use-Games-Area (MUGA) will open to our children when we return to school for our Autumn 2 half-term. We will share with our parent community an update in November, on how we are using the zone to enhance physical activity and outdoor education.

Key Dates for Autumn 2 half term

31st Oct:	Children return to school for Autumn 2 half term.
31st Oct:	Staff led lunchtime/after-school clubs begin
31 st Oct:	Year 6 Secondary school admissions for Year 7 closure date.
3 rd Nov:	Flu immunisation day for all year groups.
3 rd -10 th Nov:	School Book fair in school.
11 th Nov:	Year 6 parent meeting re Sex ed (9am)
14 th -18 th Nov:	Anti-Bullying Week
15 th Nov:	Year 5 parent meeting re Puberty ed (9am)
18 th Nov:	Non-Uniform Day for Children in Need
25 th Nov:	Aladdin Pantomime for whole school (PTA funded)
3 rd Dec:	Choir at Epping Christmas Market (Saturday, singing at 11.30am)
8 th Dec:	Year 5 and 6 Epping Forest Museum visit
9 th Dec:	Reception (Cherry Class) Christmas Concert (9.15am and 2pm sessions TBC)
15 th Dec:	KS1 Christmas production (9.15am and 2pm sessions TBC)
16 th Dec:	Whole school Santa Dash – come to school wearing your Santa hat and running shoes!
20 th Dec:	Last Day of Autumn Term
21 st Dec-6 th Jan:	School closed
9 th Jan:	Pupils first day of Spring Term

